

EAST SENIOR CENTER 5660 SIOUX DRIVE

MONDAY

Canasta

1 p.m.

Margaret Anderson (303) 527-3451

Newcomer's Bridge

12:30 – 4 p.m.

Margaret Banse (303) 938-1760

Joan Sheforge (303) 684-9855

TUESDAY

East Boulder Optimist Club

9 – 11 a.m.

Jim Cowdery (303) 494-5844

Al Zach (303) 499-9129

WEDNESDAY

Boulder Stamp Club

7 – 9 p.m., 4th Wednesday of each month

Jim Williams (303) 494-4185

THURSDAY

Practice Bridge

12:45 – 4 p.m.

Ann Perryman (303) 516-9489

FRIDAY

Boulder Garden Club

1 – 3 p.m., 3rd Friday of the month

Sandy Edmondson (303) 443-9253

SATURDAY

Dance Club

2 to 4 p.m., 2nd and 4th Saturday

Adele Shrout (303) 494-9167

Military Officers Association

8 – 10 a.m. Breakfast, 2nd Saturday of each month

Hal Riggs (303) 494-6122

Columbiner's Square Dance Club

7:15 – 10:15 p.m.

2nd and 4th Saturday of the month

Ed and Mary Ellen Vejroda (303) 499-0164

Wayne & Betty Harris (303) 828-1068

Important Telephone Numbers

East Senior Center.....	(303) 441-4150
55+ Wellness Program.....	(303) 441-0444
Accident Report.....	(303) 441-3333
Care Link /Adult Day Svs.....	(720) 562-4470
Center for People with Disabilities	(303) 442-8662
Close Call Phone Line.....	(303) 441-4272
City Information.....	(303) 441-3388
Eldershare Food Program	(303) 652-1307
Fire Prevention/Safety.....	(303) 441-4355
Flu Shot Hotline.....	(303) 441-1450
Ice Busters	(303) 441-3157
LEAP	(303) 678-6023/6097
Meals on Wheels.....	(303) 441-3908
Medicare Ombudsman.....	(303) 441-1706
Police Senior Liaison.....	(303) 441-3322
Pothole Hotline.....	(303) 441-3962
R.S.V.P	(303) 443-1933
RTD	(303) 299-6000
Time Exchange Network.....	(303) 228-3404
Social Security Office.....	1-(800) 772-1213
Special Transit	(303) 447-9636
Street Maintenance	(303) 413-7162
Workforce Boulder County.....	(303) 301-2900

Senior Services Staff

Director of Senior Services,

John Riggle (303) 441-4365

Communication Asst. and

Prog. Coord.: Classes,

Karen Morgan (303) 413-7487

Program Coordinator: Travel,

Sarah Rebman (303) 441-3915

Program Coordinator:

Sports, Wellness Programs,

Jan Meyer (303) 413-7489

Community Resources Coordinator:

Sandy Hollingsworth

Resource Referral:

Sandy Short and Nancy Harper..... (303) 441-4388

Receptionist, West Senior Center,

David Coile (303) 441-3148

Receptionist, East Senior Center

Sharon Loy (303) 441-4150

Facility Scheduling Coordinator,

Anna Taylor (303) 413-7494

Facility Scheduling Coordinator,

Chuck Shirk (303) 441-4438

Bookkeeper, *Phyllis Klicker* (303) 441-4437

Registration (303) 441-3148 or (303) 441-4150

DON'T BE DISAPPOINTED. Register early for classes, trips, special events and wellness programs. Many of these activities fill up quickly, but others are canceled due to insufficient registrations.

What's Up With the New Medicare Drug Benefit?

By Alice Ierley, Boulder County Aging Services Medicare Ombudsman

Medicare Part D, the prescription benefit, has now been underway for three months. While we all wish we knew then what we know now, it is worth taking a look periodically to update our knowledge based on recent experience. In that light, here are some thoughts and advice on the subject.

Medicare Part D: In the Beginning.

Medicare Drug Prescription Benefit Program (Part D) is the biggest change in Medicare since the program's inception. As those of you who have been making decisions about Part D know, people with Medicare Part A and /or Part B, of any income level, are eligible for Part D.

Different groups of people are affected in different ways by this change. Those with "credible" coverage from a retiree plan, Tricare (military), union plans, etc. have no need to enroll in a Part D plan.

Those with Medicaid and full Medicare (Dual Eligibles) who have received drugs through Medicaid in the past must now receive their medications through Part D. By now, most Dual Eligibles have either chosen a plan or been automatically enrolled into a plan. Effective May 1, anyone on Medicare who also has a Medicare Savings Plan (partial Medicaid), SSI, or applied for and was approved for "Extra Help" will also be auto-enrolled into a plan if they have not already joined one. They will not have a premium or a deductible for this coverage.

People currently in or looking to join an HMO or a PPO are arranging their Part D coverage through those providers. Everyone else can decide whether to enroll in any of Colorado's 42 Part D Prescription Drug Plans (PDPs).

Any single person with assets less than \$7,500 (not including house or car) and income less than \$1,245 per month, or thereabouts, should apply for "Extra Help" (\$1,670 income and \$23,000 assets for a couple). They may end up with a very significant benefit with very little cost involved.